**Abstract goals**

In this document, you write down the goals that cannot be immediately measured in absolute terms and where the deadline is fluid. For example, attitude goals and certain leadership goals.

MÅL:

On a scale from 0%- 100% - where 0 is no ability and 100 is maximum ability, today I am at the level \_\_\_\_\_\_\_\_\_\_\_%

I want to reach\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_% by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Key benefits of achieving this goal | |
| 1 | 5 |
| 2 | 6 |
| 3 | 7 |
| 4 | 8 |

|  |  |
| --- | --- |
| Any obstacles that may arise and possible preventive measures | |
| 1 | \* |
| 2 | \* |
| 3 | \* |
| 4 | \* |

|  |  |
| --- | --- |
| Situations I can use to practice on the target | |
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|  |  |
|  |  |
|  |  |
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|  |  |
|  |  |

Is the goal worth the effort it takes? Yes \_\_\_\_\_\_\_\_ No \_\_\_\_\_\_\_\_ Later \_\_\_\_\_\_\_\_